

Ramsey County Meals on Wheels April 2017
Menu may have minor variations by delivery site.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Apr 3	Apr 4	Apr 5	Apr 6	Apr 7
Meatballs in Gravy Mashed Potatoes Multigrain Bread Peach Slices Cherry Streusel Bites	Chicken Alfredo Rotini Pasta Green Beans Tropical Fruit Oatmeal Cookie	Ham Steak Honey Mustard Mashed Potatoes Scandinavian Veg Dinner Roll Fresh Fruit ALT: Chicken Breast	Chicken Stir Fry Jeweled Rice Veg Mini Egg Roll Mandarin Oranges Fortune Cookie	Grilled Salmon Pineapple Salsa Herbed Couscous Baby Corn Fresh Fruit Sugar Cookie ALT: Chicken Breast
Apr 10	Apr 11	Apr 12	Apr 13	Apr 14
Turkey & Swiss Burger Whole Grain Bun Tater Tots Ketchup Cucumber Salad Fruited Gelatin	Quartered Roasted Chicken Buttered Corn Baby Red Potatoes Blueberry Pie	Entrée Caesar Salad Parmesan Herb Chicken Breast Garlic Breadstick Fresh Fruit Iced Lemon Cake	Salisbury Steak Mushroom Gravy Mashed Potatoes Steamed Carrots French Bread Toffee Cookie	Baked Pollock Tartar Sauce Scalloped Potatoes Steamed Broccoli Applesauce Cup Frosted Yellow Cake ALT: Sliced Roast Turkey
Apr 17	Apr 18	Apr 19	Apr 20	Apr 21
Chicken Strips Honey Mustard Mac & Cheese Mixed Veggies Chilled Pears Apple Cinnamon Cookie	Chicken Parmesan Garlic Mashed Potatoes Green Beans Chocolate Chip Cake	Cheese Tortellini Salad w/Turkey Pepperoni Broccoli Salad Pears Focaccia Bread	Spaghetti & Meatballs Italian Veggies Mandarin Oranges Cheesecake Square	Lemon Pepper Tilapia Tartar Sauce Wild Rice Pilaf Mixed Veggies Fresh Fruit Tapioca Pudding ALT: Lemon Herb Chicken Breast
Apr 24	Apr 25	Apr 26	Apr 27	Apr 28
Colby Cheese Omelet Turkey Sausage Muffin Breakfast Potatoes Chilled Peaches	Sweet and Sour Chicken Jeweled Brown Rice Oriental Blend Veggies Mandarin Oranges Fortune Cookie	Beef Pot Roast Mashed Potatoes Gravy Carrot Coins Carrot Cake	Chicken Cheddar Pasta Salad Sliced Beets Tropical Fruit Caramel Sea Salt Cookie	Fish Nuggets Sweet Peas Oven Fries Ketchup Fresh Fruit Dinner Roll ALT: Chicken Nuggets

Beverage choice of 1% milk or juice is served with every meal. Call us to order weekend meals. Meal choices below are available for special order anytime. Please call as soon as possible.

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| 1. Chicken Cacciatore | 2. Cheddar Cheese Omelet |
| 3. Sweet & Sour Chicken | 4. Beef Pot Roast |