



RAMSEY COUNTY

Get started with Meals on Wheels anywhere in Ramsey County with just one call to **651-318-9091**

## Halal Meal Menu

| Poultry   | Beef & Goat   |
|---|---|
| Chicken Suqaar<br>Spicy Fried Chicken Wings<br>Chicken Patty on a Bun | Spicy Beef<br>Beef Stew<br>Spicy Beef Samosas<br>Spaghetti & Meatballs<br>Goat Stew |
| Fish  |   |
| Tilapia<br>Blackened Salmon   |   |

### Accompaniments to All Meals

Vegetable  
 Rice  
 Banana  
 Bottle of Water

### Delivery Options

Hot, Ready to Eat  
 Frozen Meals available in:  
 3 - Pack  
 5 - Pack  
 7 - Pack

Menu is subject to change; menu items are subject to availability